



28. stz-Werratal-Triathlon 2013 und 8. Jedermann Triathlon
 Naherholungszentrum Immelborn / 04.08.2013

Detailed evaluation

Ernst, Volkmar

Total time: 2:37:19

Club: Saalfelder LV
 Number: 226

Course: 51.50 km
 stz-Werrataltriathlon 1,5-40-10.00

Rank in course/Total: 20 (of 73)
 Rank in course/Men: 19 (of 61)
 Best time in course: 2:03:37

Category:
 TM 50-54, Senioren 3

Rank in category: 2(of 10)
 Best time in the category: 2:26:47

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	1.50	31:11	20:47	5	6:28	35	11:25	1.50	31:11	20:47	2	6:28	48	
Rad	40.00	1:13:19	1:49	2	1:08	17	11:22	41.50	1:44:30	2:31	2	7:36	48	
Lauf	10.00	52:49	5:16	2	2:56	13	10:55	51.50	2:37:19	3:03	2	10:32	19	33:42