



28. stz-Werratal-Triathlon 2013 und 8. Jedermann Triathlon

Naherholungszentrum Immelborn / 04.08.2013

Detailed evaluation

Fricke, Norman

Total time: 1:08:40

Club: AC Apolda

Number: 491

Course: 25.40 km

Rank in course/Total: 10 (of 87)

Jedermann-Triathlon 0,4-20,0-5,0

Rank in course/Men: 10 (of 64)

Best time in course: 58:32

Category:

Rank in category: 4(of 19)

Männer 30-39 Jahre

Best time in the category: 1:02:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	9:56	24:49	6	2:10	18	3:29	0.40	9:56	24:49	17			42
Rad	20.00	40:52	2:02	5	2:00	10	5:45	20.40	50:48	2:29	17			42
Lauf	5.00	17:52	3:34	6	2:28	14	3:01	25.40	1:08:40	2:42	4	5:58	10	10:08