



28. stz-Werratal-Triathlon 2013 und 8. Jedermann Triathlon
 Naherholungszentrum Immelborn / 04.08.2013

Detailed evaluation

Hermann, Ines

Total time: 2:57:03

Club: Saalfelder LV

Number: 233

Course: 51.50 km

Rank in course/Total: 50 (of 73)

stz-Werrataltriathlon 1,5-40-10.00

Rank in course/Women: 4 (of 12)

Best time in course: 2:36:13

Category:

Rank in category: 1(of 2)

TW 50-54, Seniorinnen 3

Best time in the category: 2:57:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	1.50	35:52	23:54	1	-	10	9:35	1.50	35:52	23:54	1	-	3	8:59
Rad	40.00	1:19:23	1:59	1	-	2	2:43	41.50	1:55:15	2:46	1	-	3	11:42
Lauf	10.00	1:01:48	6:10	1	-	3	9:08	51.50	2:57:03	3:26	1	-	4	20:50