



28. stz-Werratal-Triathlon 2013 und 8. Jedermann Triathlon  
 Naherholungszentrum Immelborn / 04.08.2013

Detailed evaluation

Holz, Enrico

Total time: 3:03:17

Club: AC Apolda  
 Number: 237

Course: 51.50 km  
 stz-Werrataltriathlon 1,5-40-10.00

Rank in course/Total: 58 (of 73)  
 Rank in course/Men: 53 (of 61)  
 Best time in course: 2:03:37

Category:  
 TM 40-44, Senioren 1

Rank in category: 12(of 12)  
 Best time in the category: 2:17:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	1.50	33:06	22:03	9	10:28	42	13:20	1.50	33:06	22:03	12	7:00	23	1:34
Rad	40.00	1:22:20	2:03	12	15:38	49	20:23	41.50	1:55:26	2:46	12	22:38	23	1:24
Lauf	10.00	1:07:51	6:47	12	22:42	54	25:57	51.50	3:03:17	3:33	12	45:20	53	59:40