



28. stz-Werratal-Triathlon 2013 und 8. Jedermann Triathlon
 Naherholungszentrum Immelborn / 04.08.2013

Detailed evaluation

Mitro, Michel

Total time: 1:09:37

Club: Jena

Number: 176

Rank in course/Total: 16 (of 87)

Enduro Long Men

Rank in course/Men: 16 (of 64)

Best time in course: 58:32

Category:

Rank in category: 7(of 19)

Männer 30-39 Jahre

Best time in the category: 1:02:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	km	Time			min/km	Pos Men	Behind Men
Schwimmen	0.40	10:05	25:12	8	2:19	21	3:38	0.40	10:05	25:12	15		31	
Rad	20.00	40:16	2:00	4	1:24	9	5:09	20.40	50:21	2:28	15		46	
Lauf	5.00	19:16	3:51	10	3:52	25	4:25	-	1:09:37	-	7	6:55	16	11:05