



28. stz-Werratal-Triathlon 2013 und 8. Jedermann Triathlon
 Naherholungszentrum Immelborn / 04.08.2013

Detailed evaluation

Ihling, Carmen

Total time: 3:21:12

Club: TV Barchfeld

Number: 274

Rank in course/Total: 70 (of 73)

Enduro E Bike

Rank in course/Women: 11 (of 12)

Best time in course: 2:36:13

Category:

Rank in category: 2(of 2)

TW 50-54, Seniorinnen 3

Best time in the category: 2:57:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	1.50	38:20	25:33	2	2:28	12	12:03	1.50	38:20	25:33	2	2:28	10	11:27
Rad	40.00	1:31:59	2:17	2	12:36	9	15:19	41.50	2:10:19	3:08	2	15:04	10	26:46
Lauf	10.00	1:10:53	7:05	2	9:05	8	18:13	-	3:21:12	-	2	24:09	11	44:59