



28. stz-Werratal-Triathlon 2013 und 8. Jedermann Triathlon
 Naherholungszentrum Immelborn / 04.08.2013

Detailed evaluation

Rosenbaum, Sebastian

Total time: 1:10:08

Club: Eschweger TSV

Number: 490

Course: 25.40 km

Rank in course/Total: 18 (of 87)

Jedermann-Triathlon 0,4-20,0-5,0

Rank in course/Men: 18 (of 64)

Best time in course: 58:32

Category:

Rank in category: 8(of 19)

Männer 30-39 Jahre

Best time in the category: 1:02:42

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.40	9:28	23:39	3	1:42	12	3:01	0.40	9:28	23:39	13			51
Rad	20.00	45:16	2:15	12	6:24	29	10:09	20.40	54:44	2:40	13			51
Lauf	5.00	15:24	3:04	1	-	4	0:33	25.40	1:10:08	2:45	8	7:26	18	11:36