



28. stz-Werratal-Triathlon 2013 und 8. Jedermann Triathlon

Naherholungszentrum Immelborn / 04.08.2013

Detailed evaluation

Rudolph, Maik

Total time: 1:11:42

Club: LSG 80 Schmückerläufer

Number: 184

Course: 25.40 km

Rank in course/Total: 20 (of 87)

Jedermann-Triathlon 0,4-20,0-5,0

Rank in course/Men: 20 (of 64)

Best time in course: 58:32

Category:

Rank in category: 9(of 19)

Männer 30-39 Jahre

Best time in the category: 1:02:42

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.40	9:38	24:04	5	1:52	14	3:11	0.40	9:38	24:04	12			52
Rad	20.00	42:55	2:08	7	4:03	17	7:48	20.40	52:33	2:34	12			52
Lauf	5.00	19:09	3:49	9	3:45	24	4:18	25.40	1:11:42	2:49	9	9:00	20	13:10