



28. stz-Werratal-Triathlon 2013 und 8. Jedermann Triathlon  
 Naherholungszentrum Immelborn / 04.08.2013

Detailed evaluation

Lengwenus, Swen

Total time: 1:14:18

Club: LOK Eilenburg

Number: 486

Course: 25.40 km

Rank in course/Total: 29 (of 87)

Jedermann-Triathlon 0,4-20,0-5,0

Rank in course/Men: 26 (of 64)

Best time in course: 58:32

Category:

Rank in category: 12(of 26)

Männer 40-49 Jahre

Best time in the category: 1:01:43

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.40	11:15	28:07	18	3:02	42	4:48	0.40	11:15	28:07	17	1:26	57	0:56
Rad	20.00	42:54	2:08	7	7:47	16	7:47	20.40	54:09	2:39	17		57	
Lauf	5.00	20:09	4:01	12	5:05	34	5:18	25.40	1:14:18	2:55	12	12:35	26	15:46