



28. stz-Werratal-Triathlon 2013 und 8. Jedermann Triathlon  
 Naherholungszentrum Immelborn / 04.08.2013

Detailed evaluation

Lesser, Sandra

Total time: 1:15:53

Club: Tri Team SSV Ettlingen  
 Number: 208

Course: 25.40 km  
 Jedermann-Triathlon 0,4-20,0-5,0

Rank in course/Total: 34 (of 87)  
 Rank in course/Women: 5 (of 23)  
 Best time in course: 1:11:45

Category:  
 Frauen 20-29 Jahre

Rank in category: 5(of 15)  
 Best time in the category: 1:11:45

| Intermediate times |          |            |              | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Women | Behind Women | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Schwimmen          | 0.40     | 10:24      | 26:00        | 6           | 2:56        | 7         | 2:56         | 0.40          | 10:24      | 26:00        | 5        | 0:03        | 20        |              |
| Rad                | 20.00    | 43:11      | 2:09         | 3           | 1:14        | 3         | 1:14         | 20.40         | 53:35      | 2:37         | 5        | 0:28        | 20        |              |
| Lauf               | 5.00     | 22:18      | 4:27         | 7           | 3:44        | 13        | 3:44         | 25.40         | 1:15:53    | 2:59         | 5        | 4:08        | 5         | 4:08         |