



28. stz-Werratal-Triathlon 2013 und 8. Jedermann Triathlon  
 Naherholungszentrum Immelborn / 04.08.2013

Detailed evaluation

Wilschewski, Heidi

Total time: 1:18:33

Club: Kleinfahner

Number: 195

Course: 25.40 km

Rank in course/Total: 45 (of 87)

Jedermann-Triathlon 0,4-20,0-5,0

Rank in course/Women: 7 (of 23)

Best time in course: 1:11:45

Category:

Rank in category: 6(of 15)

Frauen 20-29 Jahre

Best time in the category: 1:11:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking			
						Pos Women	Behind Women				Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.40	11:13	28:02	10	3:45	14	3:45	0.40	11:13	28:02	6	0:52	7	0:10
Rad	20.00	47:56	2:23	7	5:59	10	5:59	20.40	59:09	2:53	6	6:02	18	
Lauf	5.00	19:24	3:52	3	0:50	3	0:50	25.40	1:18:33	3:05	6	6:48	7	6:48