



28. stz-Werratal-Triathlon 2013 und 8. Jedermann Triathlon  
 Naherholungszentrum Immelborn / 04.08.2013

Detailed evaluation

Benick, Andre

Total time: 1:21:24

Club: Trihasen

Number: 155

Rank in course/Total: 53 (of 87)

Rank in course/Men: 43 (of 64)

Best time in course: 58:32

Enduro Long Men

Category:

Rank in category: 18(of 26)

Männer 40-49 Jahre

Best time in the category: 1:01:43

Intermediate times

Stage score

Total ranking

| Control   | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-----------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|           |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Schwimmen | 0.40        | 11:27         | 28:37           | 20          | 3:14           | 45          | 5:00          | 0.40          | 11:27         | 28:37           | 9           | 1:38           | 13         | 1:08          |
| Rad       | 20.00       | 49:25         | 2:28            | 25          | 14:18          | 55          | 14:18         | 20.40         | 1:00:52       | 2:59            | 9           | 4:28           | 13         | 2:49          |
| Lauf      | 5.00        | 20:32         | 4:06            | 16          | 5:28           | 38          | 5:41          | -             | 1:21:24       | -               | 18          | 19:41          | 43         | 22:52         |