



28. stz-Werratal-Triathlon 2013 und 8. Jedermann Triathlon
 Naherholungszentrum Immelborn / 04.08.2013

Detailed evaluation

Benick, Andre

Total time: 1:21:24

Club: Trihasen

Number: 155

Course: 25.40 km

Rank in course/Total: 53 (of 87)

Jedermann-Triathlon 0,4-20,0-5,0

Rank in course/Men: 43 (of 64)

Best time in course: 58:32

Category:

Rank in category: 18(of 26)

Männer 40-49 Jahre

Best time in the category: 1:01:43

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.40	11:27	28:37	20	3:14	45	5:00	0.40	11:27	28:37	9	1:38	13	1:08
Rad	20.00	49:25	2:28	25	14:18	55	14:18	20.40	1:00:52	2:59	9	4:28	13	2:49
Lauf	5.00	20:32	4:06	16	5:28	38	5:41	25.40	1:21:24	3:12	18	19:41	43	22:52