



28. stz-Werratal-Triathlon 2013 und 8. Jedermann Triathlon
 Naherholungszentrum Immelborn / 04.08.2013

Detailed evaluation

Rödiger, Anne - Kathrin

Total time: 1:26:46

Club: SV Wartburgstadt Triathlon
 Number: 185

Course: 25.40 km
 Jedermann-Triathlon 0,4-20,0-5,0

Rank in course/Total: 71 (of 87)
 Rank in course/Women: 13 (of 23)
 Best time in course: 1:11:45

Category:
 Frauen 20-29 Jahre

Rank in category: 8(of 15)
 Best time in the category: 1:11:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.40	12:23	30:57	14	4:55	20	4:55	0.40	12:23	30:57	8	2:02	12	1:20
Rad	20.00	51:56	2:35	9	9:59	15	9:59	20.40	1:04:19	3:09	8	11:12	12	1:51
Lauf	5.00	22:27	4:29	8	3:53	14	3:53	25.40	1:26:46	3:24	8	15:01	13	15:01