



28. stz-Werratal-Triathlon 2013 und 8. Jedermann Triathlon
 Naherholungszentrum Immelborn / 04.08.2013

Detailed evaluation

Amthor, Holger

Total time: 1:34:07

Club: Fit Unlimited Suhl

Number: 150

Course: 25.40 km

Rank in course/Total: 81 (of 87)

Jedermann-Triathlon 0,4-20,0-5,0

Rank in course/Men: 62 (of 64)

Best time in course: 58:32

Category:

Rank in category: 5(of 5)

Männer 50-59 Jahre

Best time in the category: 1:20:43

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------|-------|-------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Schwimmen | 0.40 | 14:56 | 37:19 | 5 | 4:41 | 64 | 8:29 | 0.40 | 14:56 | 37:19 | 4 | 0:38 | 29 | 4:37 |
| Rad | 20.00 | 55:19 | 2:45 | 4 | 9:22 | 61 | 20:12 | 20.40 | 1:10:15 | 3:26 | 4 | 8:36 | 29 | 12:12 |
| Lauf | 5.00 | 23:52 | 4:46 | 5 | 4:48 | 55 | 9:01 | 25.40 | 1:34:07 | 3:42 | 5 | 13:24 | 62 | 35:35 |