



## 8. Lauf: \"Rund um Frauenwald\"

Frauenwald / 10.08.2013

### Detailed evaluation

**Ahrndt, Paulina**

Club: LG Frauenwald

Number: 1001

Course: 1.50 km

Schülerlauf kurz

Category:

weibliche Kinder U12 (10-11 Jahre)

Total time: 8:30

Speed: 10.59 km/h

Running performance: 5:40 min/km

Rank in course/Total: 9 (of 13)

Rank in course/Women: 3 (of 5)

Best time in course: 7:28

Rank in category: 2(of 2)

Best time in the category: 7:42