



8. Lauf: \"Rund um Frauenwald\"
Frauenwald / 10.08.2013

Detailed evaluation

Ellerkamm, Jürgen

Club: SV Kyffhäuser

Number: 7

Course: 14.60 km

Hauptlauf

Category:

Senioren M75 (75 und älter)

Total time: 1:35:18

Speed: 8.81 km/h

Running performance: 6:32 min/km

Rank in course/Total: 80 (of 90)

Rank in course/Men: 69 (of 75)

Best time in course: 1:02:04

Rank in category: 1(of 1)

Best time in the category: 1:35:18