



8. Lauf: \"Rund um Frauenwald\"
Frauenwald / 10.08.2013

Detailed evaluation

Franzke, Iris

Club: Frauenwald
Number: 91

Course: 14.60 km
Hauptlauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:42:21

Speed: 8.21 km/h
Running performance: 7:01 min/km

Rank in course/Total: 90 (of 90)
Rank in course/Women: 15 (of 15)
Best time in course: 1:02:40

Rank in category: 4(of 4)
Best time in the category: 1:11:12