



8. Lauf: \"Rund um Frauenwald\"
Frauenwald / 10.08.2013

Detailed evaluation

Sperling, Conny

Club: Frauenwald
Number: 417

Course: 14.60 km
Nordic Walking

Total time: 2:31:01

Speed: 5.56 km/h

metres in height up: 290
Course score: 18.35

performance score: 110 Points