



8. Lauf: \"Rund um Frauenwald\"  
Frauenwald / 10.08.2013

Detailed evaluation

Frübing, Jasmin

Club: ZSG Waltershausen  
Number: 1004

Course: 3.50 km  
Schülerlauf lang

Category:  
weibliche Jugend U14 (12-13 Jahre)

Total time: 15:58

Speed: 11.27 km/h  
Running performance: 4:34 min/km

Rank in course/Total: 2 (of 7)  
Rank in course/Women: 1 (of 2)  
Best time in course: 15:58

Rank in category: 1(of 2)  
Best time in the category: 15:58