



8. Lauf: \"Rund um Frauenwald\"
Frauenwald / 10.08.2013

Detailed evaluation

Schirber, Harald

Club: TSV Oberstreu
Number: 40

Course: 14.60 km
Hauptlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:06:42

Speed: 12.59 km/h
Running performance: 4:34 min/km

Rank in course/Total: 10 (of 90)

Rank in course/Men: 9 (of 75)

Best time in course: 1:02:04

Rank in category: 3(of 15)

Best time in the category: 1:06:22