



8. Lauf: \"Rund um Frauenwald\"  
Frauenwald / 10.08.2013

Detailed evaluation

Schrickel, Andre

Club: Wsv Ilmenau 1908 e.V.  
Number: 54

Course: 14.60 km  
Hauptlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:07:20

Speed: 12.48 km/h  
Running performance: 4:37 min/km

Rank in course/Total: 12 (of 90)

Rank in course/Men: 11 (of 75)

Best time in course: 1:02:04

Rank in category: 4(of 15)

Best time in the category: 1:06:22