



8. Lauf: \"Rund um Frauenwald\"
Frauenwald / 10.08.2013

Detailed evaluation

Dressler, Marco

Club: Bruchstedt
Number: 83

Course: 14.60 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:09:52

Speed: 12.02 km/h
Running performance: 4:47 min/km

Rank in course/Total: 20 (of 90)

Rank in course/Men: 19 (of 75)

Best time in course: 1:02:04

Rank in category: 2(of 7)

Best time in the category: 1:05:26