



8. Lauf: \"Rund um Frauenwald\"
Frauenwald / 10.08.2013

Detailed evaluation

Enders, Katrin

Club: SWV Goldlauter
Number: 9

Course: 14.60 km
Hauptlauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:11:12

Speed: 11.80 km/h
Running performance: 4:53 min/km

Rank in course/Total: 23 (of 90)
Rank in course/Women: 2 (of 15)
Best time in course: 1:02:40

Rank in category: 1(of 4)
Best time in the category: 1:11:12