



8. Lauf: \"Rund um Frauenwald\"
Frauenwald / 10.08.2013

Detailed evaluation

Hempel, Ernst

Club: Saalfelder LV
Number: 95

Course: 14.60 km
Hauptlauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:13:10

Speed: 11.48 km/h
Running performance: 5:01 min/km

Rank in course/Total: 30 (of 90)

Rank in course/Men: 26 (of 75)

Best time in course: 1:02:04

Rank in category: 2(of 4)

Best time in the category: 1:10:19