



8. Lauf: \"Rund um Frauenwald\"  
Frauenwald / 10.08.2013

Detailed evaluation

Grebhahn, Bernd

Club: Wsv Oberhof  
Number: 52

Course: 14.60 km  
Hauptlauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 1:15:38

Speed: 11.11 km/h  
Running performance: 5:11 min/km

Rank in course/Total: 37 (of 90)

Rank in course/Men: 32 (of 75)

Best time in course: 1:02:04

Rank in category: 3(of 4)

Best time in the category: 1:10:19