



8. Lauf: \"Rund um Frauenwald\"
Frauenwald / 10.08.2013

Detailed evaluation

Heymann, Peter

Club: Laufftreff Hohe Maas
Number: 57

Course: 14.60 km
Hauptlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:21:52

Speed: 10.26 km/h
Running performance: 5:37 min/km

Rank in course/Total: 58 (of 90)

Rank in course/Men: 52 (of 75)

Best time in course: 1:02:04

Rank in category: 14(of 15)

Best time in the category: 1:06:22