



8. Lauf: \"Rund um Frauenwald\"
Frauenwald / 10.08.2013

Detailed evaluation

Reisser, Mario

Club: BAD Langensalza
Number: 84

Course: 14.60 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:22:11

Speed: 10.22 km/h
Running performance: 5:38 min/km

Rank in course/Total: 59 (of 90)

Rank in course/Men: 53 (of 75)

Best time in course: 1:02:04

Rank in category: 5(of 7)

Best time in the category: 1:05:26