



8. Lauf: \"Rund um Frauenwald\"  
Frauenwald / 10.08.2013

Detailed evaluation

Walther, Jens

Club: SWV Goldlauter  
Number: 68

Course: 14.60 km  
Hauptlauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:22:45

Speed: 10.15 km/h  
Running performance: 5:40 min/km

Rank in course/Total: 62 (of 90)

Rank in course/Men: 56 (of 75)

Best time in course: 1:02:04

Rank in category: 6(of 7)

Best time in the category: 1:05:26