



8. Lauf: \"Rund um Frauenwald\"
Frauenwald / 10.08.2013

Detailed evaluation

Schwarz, Thomas

Club: FPL Team Schmeheim
Number: 75

Course: 14.60 km
Hauptlauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:29:30

Speed: 9.79 km/h
Running performance: 6:08 min/km

Rank in course/Total: 72 (of 90)

Rank in course/Men: 63 (of 75)

Best time in course: 1:02:04

Rank in category: 7(of 9)

Best time in the category: 1:08:04