



8. Lauf: \"Rund um Frauenwald\"

Frauenwald / 10.08.2013

Detailed evaluation

Güntzel, Wieland

Club: SC Mauerloch Themar

Number: 19

Course: 14.60 km

Hauptlauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:32:21

Speed: 9.10 km/h

Running performance: 6:20 min/km

Rank in course/Total: 74 (of 90)

Rank in course/Men: 65 (of 75)

Best time in course: 1:02:04

Rank in category: 8(of 9)

Best time in the category: 1:07:43