



8. Lauf: \"Rund um Frauenwald\"
Frauenwald / 10.08.2013

Detailed evaluation

Hiller, Nadine

Club: Nofretete e.V.
Number: 21

Course: 14.60 km
Hauptlauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:34:38

Speed: 8.88 km/h
Running performance: 6:29 min/km

Rank in course/Total: 79 (of 90)
Rank in course/Women: 11 (of 15)
Best time in course: 1:02:40

Rank in category: 1(of 1)
Best time in the category: 1:34:38