



10. Asklepios TriTrek
Bad Salzungen / 11.08.2013

Detailed evaluation

Aleas Bräutigam, Rogondis / Dirk

Club: Aleas Bräutigam
Number: 1

Course: 27.00 km
10. Asklepios TriTrek

Category:
Mix Nordic Walking

Total time: 1:33:38

Speed: 17.30 km/h
Running performance: 3:28 min/km

Rank in course/Total: 43 (of 67)

Rank in course/Total: 10 (of 25)

Best time in course: 1:11:55

Rank in category: 1(of 13)

Best time in the category: 1:33:38

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Ziel Kanu	1.00	10:09	10:09	7	1:03	16	1:15	1.00	10:09	10:09	14	-	26	-
Start Rad	0.10	fehlt!	-	-	-	-	-	1.10	-	-	-	-	-	-
Ziel Rad	20.00	40:39	2:01	4	1:34	9	7:16	21.10	50:48	2:24	14	-	26	-
Start Lauf	0.10	fehlt!	-	-	-	-	-	21.20	-	-	-	-	-	-
Lauf	5.80	42:50	7:23	1	-	12	18:12	27.00	1:33:38	3:28	1	-	11	21:43