



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Greminger, Frank

Total time: 1:02:43

Number: 37

Course: 25.75 km

Rank in course/Total: 13 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 11 (of 260)

Best time in course: 58:22

Category:

Rank in category: 3(of 51)

Senioren 2 (TM 45.49)

Best time in the category: 1:01:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:06	3.30	6	1:22	27	2:22	0.50	9:06	3.30	51	0:20	1	-
Wechsel Schwim	0.20	1:45	6.86	7	0:17	26	0:19	0.70	10:51	3.87	51	0:14	1	-
Schwimmen Total	0.70	10:51	3.87	51	0:14	1	-	0.70	10:51	3.87	51	0:14	1	-
Rad	20.00	31:02	38.67	1	-	2	0:17	20.70	41:53	29.65	51		1	-
Wechsel Rad-Lau	0.05	0:51	3.53	13	0:20	66	0:48	20.75	42:44	29.13	50		1	-
Rad Total	20.05	31:53	37.73	1	-	3	0:16	20.75	42:44	29.13	50		1	-
Lauf	5.00	19:59	15.01	6	0:54	29	4:27	25.75	1:02:43	24.63	4	0:55	12	4:21