



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Völp, Bernd

Total time: 1:09:29

Number: 40

Course: 25.75 km

Rank in course/Total: 62 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 58 (of 260)

Best time in course: 58:22

Category:

Rank in category: 12(of 51)

Senioren 2 (TM 45.49)

Best time in the category: 1:01:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:51	2.76	24	3:07	123	4:07	0.50	10:51	2.76	51	2:05	11	1:45
Wechsel Schwim	0.20	2:21	5.11	18	0:53	100	0:55	0.70	13:12	3.18	51	2:35	11	2:21
Schwimmen Total	0.70	13:12	3.18	51	2:35	11	2:21	0.70	13:12	3.18	51	2:35	11	2:21
Rad	20.00	34:31	34.77	13	3:29	59	3:46	20.70	47:43	26.03	51		11	5:50
Wechsel Rad-Lauf	0.05	1:10	2.57	28	0:39	157	1:07	20.75	48:53	25.47	50		11	6:09
Rad Total	20.05	35:41	33.71	13	3:48	62	4:04	20.75	48:53	25.47	50		11	6:09
Lauf	5.00	20:36	14.56	9	1:31	42	5:04	25.75	1:09:29	22.24	13	7:41	59	11:07