



10. Lorsch Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Dr. Bischoff, Klaus

Total time: 1:21:13

Number: 104

Course: 25.75 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 216 (of 322)

Rank in course/Men: 187 (of 260)

Best time in course: 58:22

Category:

Senioren 5 (TM 60-64)

Rank in category: 6(of 10)

Best time in the category: 1:10:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	11:25	2.63	4	1:38	154	4:41	0.50	11:25	2.63	11		259	2:19
Wechsel Schwim	0.20	4:04	2.95	8	2:07	240	2:38	0.70	15:29	2.71	11	0:44	259	4:38
Schwimmen Total	0.70	15:29	2.71	11	0:44	259	4:38	0.70	15:29	2.71	11	0:44	259	4:38
Rad	20.00	37:09	32.30	4	1:47	145	6:24	20.70	52:38	23.60	11	1:00	259	10:45
Wechsel Rad-Lauf	0.05	0:52	3.46	3	0:14	72	0:49	20.75	53:30	23.27	11	0:21	256	10:46
Rad Total	20.05	38:01	31.64	3	2:01	131	6:24	20.75	53:30	23.27	11	0:21	256	10:46
Lauf	5.00	27:43	10.82	8	4:33	209	12:11	25.75	1:21:13	19.02	6	10:19	189	22:51