



10. Lorsch Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Ulmer, Dominic

Total time: 1:21:26

Number: 144

Course: 25.75 km

Rank in course/Total: 220 (of 322)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 191 (of 260)

Best time in course: 58:22

Category:

Rank in category: 25(of 26)

männl. AK 4 (TM 35-39)

Best time in the category: 1:00:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:31	2.85	14	2:18	108	3:47	0.50	10:31	2.85	27	1:21	259	1:25
Wechsel Schwim	0.20	2:29	4.83	15	0:49	113	1:03	0.70	13:00	3.23	27	1:53	259	2:09
Schwimmen Total	0.70	13:00	3.23	27	1:53	259	2:09	0.70	13:00	3.23	27	1:53	259	2:09
Rad	20.00	38:37	31.07	23	7:32	182	7:52	20.70	51:37	24.06	27	8:19	259	9:44
Wechsel Rad-Lauf	0.05	0:51	3.53	7	0:11	66	0:48	20.75	52:28	23.73	27	8:19	256	9:44
Rad Total	20.05	39:28	30.48	21	7:38	171	7:51	20.75	52:28	23.73	27	8:19	256	9:44
Lauf	5.00	28:58	10.36	26	11:14	224	13:26	25.75	1:21:26	18.97	25	21:25	193	23:04