



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Dengler, Winfried

Total time: 1:22:51

Number: 123

Course: 25.75 km

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Total: 233 (of 322)

Rank in course/Men: 200 (of 260)

Best time in course: 58:22

Category:

Senioren 3 (TM 50-54)

Rank in category: 24(of 32)

Best time in the category: 1:04:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	11:42	2.56	18	3:07	165	4:58	0.50	11:42	2.56	33		259	2:36
Wechsel Schwim	0.20	3:06	3.87	24	1:32	185	1:40	0.70	14:48	2.84	33		19	3:57
Schwimmen Total	0.70	14:48	2.84	33		19	3:57	0.70	14:48	2.84	33		19	3:57
Rad	20.00	40:04	29.95	27	6:43	207	9:19	20.70	54:52	22.64	33	3:02	259	12:59
Wechsel Rad-Lauf	0.05	1:00	3.00	13	0:20	121	0:57	20.75	55:52	22.29	33	3:02	256	13:08
Rad Total	20.05	41:04	29.29	26	6:54	200	9:27	20.75	55:52	22.29	33	3:02	256	13:08
Lauf	5.00	26:59	11.12	23	7:32	200	11:27	25.75	1:22:51	18.65	24	17:59	202	24:29