



# 10. Lorsch Triathlon

Lorsch / 11.08.2013

## Detailed evaluation

Barth, Carsten

Total time: 1:03:16

Number: 170

Course: 25.75 km

Rank in course/Total: 15 (of 322)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 13 (of 260)

Best time in course: 58:22

Category:

Rank in category: 4(of 51)

Senioren 2 (TM 45.49)

Best time in the category: 1:01:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	8:26	0.00	3	0:42	14	1:42	0.50	8:26	0.00	51		259	
Wechsel Schwim	0.20	1:39	0.00	5	0:11	14	0:13	0.70	10:05	0.00	51		259	
Schwimmen Total	0.70	10:05	0.00	51		259		0.70	10:05	0.00	51		259	
Rad	20.00	31:28	38.14	2	0:26	6	0:43	20.70	41:33	28.88	51		259	
Wechsel Rad-Lau	0.05	2:04	0.00	48	1:33	249	2:01	20.75	43:37	27.51	50		256	0:53
Rad Total	20.05	33:32	35.79	5	1:39	23	1:55	20.75	43:37	27.51	50		256	0:53
Lauf	5.00	19:39	15.27	5	0:34	23	4:07	25.75	1:03:16	23.71	5	1:28	14	4:54