



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Kempf, Harald

Total time: 1:23:58

Club: TSG Wiesloch

Number: 119

Course: 25.75 km

Rank in course/Total: 240 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 206 (of 260)

Best time in course: 58:22

Category:

Rank in category: 13(of 20)

Senioren 4 (TM 55-59)

Best time in the category: 1:07:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	12:48	2.34	13	4:48	208	6:04	0.50	12:48	2.34	21	0:18	259	3:42
Wechsel Schwim	0.20	5:21	2.24	19	3:38	256	3:55	0.70	18:09	2.31	21	1:25	259	7:18
Schwimmen Total	0.70	18:09	2.31	21	1:25	259	7:18	0.70	18:09	2.31	21	1:25	259	7:18
Rad	20.00	40:12	29.85	16	6:11	210	9:27	20.70	58:21	21.29	21	1:40	259	16:28
Wechsel Rad-Lauf	0.05	0:54	3.33	5	0:10	85	0:51	20.75	59:15	21.01	20		256	16:31
Rad Total	20.05	41:06	29.27	13	6:07	201	9:29	20.75	59:15	21.01	20		256	16:31
Lauf	5.00	24:43	12.14	10	4:55	165	9:11	25.75	1:23:58	18.40	13	16:58	208	25:36