



10. Lorsch Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Schenkel, Christian

Total time: 1:08:22

Number: 149

Course: 25.75 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 54 (of 322)

Rank in course/Men: 50 (of 260)

Best time in course: 58:22

Category:

männl. AK 4 (TM 35-39)

Rank in category: 7(of 26)

Best time in the category: 1:00:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:45	3.08	9	1:32	62	3:01	0.50	9:45	3.08	27	0:35	259	0:39
Wechsel Schwim	0.20	1:56	6.21	6	0:16	52	0:30	0.70	11:41	3.59	27	0:34	259	0:50
Schwimmen Total	0.70	11:41	3.59	27	0:34	259	0:50	0.70	11:41	3.59	27	0:34	259	0:50
Rad	20.00	35:29	33.82	12	4:24	94	4:44	20.70	47:10	26.33	27	3:52	259	5:17
Wechsel Rad-Lauf	0.05	0:49	3.67	6	0:09	57	0:46	20.75	47:59	25.95	27	3:50	256	5:15
Rad Total	20.05	36:18	33.14	11	4:28	85	4:41	20.75	47:59	25.95	27	3:50	256	5:15
Lauf	5.00	20:23	14.72	6	2:39	37	4:51	25.75	1:08:22	22.60	7	8:21	51	10:00