



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Schuster, Tobias

Total time: 1:13:32

Club: Heppenheimer Skiclub

Number: 162

Course: 25.75 km

Rank in course/Total: 113 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 105 (of 260)

Best time in course: 58:22

Category:

Rank in category: 22(of 51)

Senioren 2 (TM 45.49)

Best time in the category: 1:01:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	13:33	2.21	44	5:49	232	6:49	0.50	13:33	2.21	51	4:47	259	4:27
Wechsel Schwim	0.20	2:44	4.39	30	1:16	146	1:18	0.70	16:17	2.58	51	5:40	259	5:26
Schwimmen Total	0.70	16:17	2.58	51	5:40	259	5:26	0.70	16:17	2.58	51	5:40	259	5:26
Rad	20.00	37:39	31.87	34	6:37	157	6:54	20.70	53:56	23.03	51	5:25	259	12:03
Wechsel Rad-Lauf	0.05	0:31	5.81	1	-	5	0:28	20.75	54:27	22.87	50	5:04	256	11:43
Rad Total	20.05	38:10	31.52	29	6:17	135	6:33	20.75	54:27	22.87	50	5:04	256	11:43
Lauf	5.00	19:05	15.72	1	-	11	3:33	25.75	1:13:32	21.01	23	11:44	107	15:10