



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Stoppe, Deutschland

Total time: 1:10:28

Number: 9

Course: 25.75 km

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Total: 71 (of 322)

Rank in course/Men: 67 (of 260)

Best time in course: 58:22

Category:

Senioren 1 (TM 40-44)

Rank in category: 18(of 53)

Best time in the category: 1:00:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:39	3.11	13	1:51	54	2:55	0.50	9:39	3.11	54		14	0:33
Wechsel Schwim	0.20	2:47	4.31	34	1:14	150	1:21	0.70	12:26	3.38	54	0:16	14	1:35
Schwimmen Total	0.70	12:26	3.38	54	0:16	14	1:35	0.70	12:26	3.38	54	0:16	14	1:35
Rad	20.00	34:49	34.47	18	4:04	68	4:04	20.70	47:15	26.29	54	1:31	14	5:22
Wechsel Rad-Lauf	0.05	0:53	3.40	21	0:27	83	0:50	20.75	48:08	25.87	54	1:35	14	5:24
Rad Total	20.05	35:42	33.70	18	4:05	64	4:05	20.75	48:08	25.87	54	1:35	14	5:24
Lauf	5.00	22:20	13.43	26	5:59	94	6:48	25.75	1:10:28	21.93	18	9:48	68	12:06