



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Krayer, Reinhold

Total time: 1:19:33

Club: TV Hechtsheim (Mainz)

Number: 167

Course: 25.75 km

Rank in course/Total: 199 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 175 (of 260)

Best time in course: 58:22

Category:

Rank in category: 41(of 53)

Senioren 1 (TM 40-44)

Best time in the category: 1:00:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	12:36	2.38	41	4:48	199	5:52	0.50	12:36	2.38	54	2:30	259	3:30
Wechsel Schwim	0.20	3:43	3.23	48	2:10	230	2:17	0.70	16:19	2.57	54	4:09	259	5:28
Schwimmen Total	0.70	16:19	2.57	54	4:09	259	5:28	0.70	16:19	2.57	54	4:09	259	5:28
Rad	20.00	38:22	31.28	40	7:37	175	7:37	20.70	54:41	22.71	54	8:57	259	12:48
Wechsel Rad-Lauf	0.05	1:24	2.14	44	0:58	198	1:21	20.75	56:05	22.20	54	9:32	256	13:21
Rad Total	20.05	39:46	30.25	39	8:09	176	8:09	20.75	56:05	22.20	54	9:32	256	13:21
Lauf	5.00	23:28	12.78	35	7:07	130	7:56	25.75	1:19:33	19.42	41	18:53	177	21:11