



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Schmitteckert, Markus

Total time: 1:19:53

Club: Ski Club Heidelberg

Number: 171

Course: 25.75 km

Rank in course/Total: 206 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 179 (of 260)

Best time in course: 58:22

Category:

Rank in category: 36(of 51)

Senioren 2 (TM 45.49)

Best time in the category: 1:01:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:57	2.74	26	3:13	134	4:13	0.50	10:57	2.74	51	2:11	259	1:51
Wechsel Schwim	0.20	2:57	4.07	31	1:29	168	1:31	0.70	13:54	3.02	51	3:17	259	3:03
Schwimmen Total	0.70	13:54	3.02	51	3:17	259	3:03	0.70	13:54	3.02	51	3:17	259	3:03
Rad	20.00	37:58	31.61	38	6:56	169	7:13	20.70	51:52	23.95	51	3:21	259	9:59
Wechsel Rad-Lauf	0.05	1:07	2.69	26	0:36	148	1:04	20.75	52:59	23.50	50	3:36	256	10:15
Rad Total	20.05	39:05	30.78	37	7:12	166	7:28	20.75	52:59	23.50	50	3:36	256	10:15
Lauf	5.00	26:54	11.15	40	7:49	197	11:22	25.75	1:19:53	19.34	37	18:05	181	21:31