



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Weirich, Benedict

Total time: 1:02:21

Number: 216

Course: 25.75 km

Rank in course/Total: 11 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 10 (of 260)

Best time in course: 58:22

Category:

Rank in category: 4(of 16)

männl. AK 1 (TM 20-24)

Best time in the category: 58:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	8:22	3.59	5	1:38	12	1:38	0.50	8:22	3.59	17		259	
Wechsel Schwim	0.20	1:40	7.20	4	0:14	15	0:14	0.70	10:02	4.19	17		259	
Schwimmen Total	0.70	10:02	4.19	17		259		0.70	10:02	4.19	17		259	
Rad	20.00	33:11	36.16	6	1:49	30	2:26	20.70	43:13	28.74	17		259	1:20
Wechsel Rad-Lau	0.05	0:42	4.29	4	0:08	27	0:39	20.75	43:55	28.35	16		256	1:11
Rad Total	20.05	33:53	35.50	6	1:57	28	2:16	20.75	43:55	28.35	16		256	1:11
Lauf	5.00	18:26	16.27	3	2:54	8	2:54	25.75	1:02:21	24.78	4	3:59	10	3:59