



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Klein, Norbert

Total time: 1:23:47

Number: 184

Course: 25.75 km

Rank in course/Total: 237 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 203 (of 260)

Best time in course: 58:22

Category:

Rank in category: 11(of 20)

Senioren 4 (TM 55-59)

Best time in the category: 1:07:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	13:20	2.25	17	5:20	222	6:36	0.50	13:20	2.25	21	0:50	259	4:14
Wechsel Schwim	0.20	3:18	3.64	14	1:35	203	1:52	0.70	16:38	2.53	21		259	5:47
Schwimmen Total	0.70	16:38	2.53	21		259	5:47	0.70	16:38	2.53	21		259	5:47
Rad	20.00	39:30	30.38	12	5:29	198	8:45	20.70	56:08	22.13	21		259	14:15
Wechsel Rad-Lau	0.05	0:44	4.09	1	-	32	0:41	20.75	56:52	21.89	20		256	14:08
Rad Total	20.05	40:14	29.90	11	5:15	185	8:37	20.75	56:52	21.89	20		256	14:08
Lauf	5.00	26:55	11.15	13	7:07	199	11:23	25.75	1:23:47	18.44	11	16:47	205	25:25