



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Crnjak, Markus

Total time: 1:06:45

Number: 234

Course: 25.75 km

Rank in course/Total: 37 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 35 (of 260)

Best time in course: 58:22

Category:

Rank in category: 5(of 26)

männl. AK 4 (TM 35-39)

Best time in the category: 1:00:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:37	3.12	6	1:24	52	2:53	0.50	9:37	3.12	13	0:27	259	0:31
Wechsel Schwim	0.20	1:58	6.10	9	0:18	57	0:32	0.70	11:35	3.63	13	0:28	259	0:44
Schwimmen Total	0.70	11:35	3.63	13	0:28	259	0:44	0.70	11:35	3.63	13	0:28	259	0:44
Rad	20.00	34:44	34.55	8	3:39	66	3:59	20.70	46:19	26.82	13	3:01	259	4:26
Wechsel Rad-Lau	0.05	0:54	3.33	10	0:14	85	0:51	20.75	47:13	26.37	13	3:04	256	4:29
Rad Total	20.05	35:38	33.76	8	3:48	61	4:01	20.75	47:13	26.37	13	3:04	256	4:29
Lauf	5.00	19:32	15.36	3	1:48	21	4:00	25.75	1:06:45	23.15	5	6:44	36	8:23