



10. Lorscher Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Dackau, Dieter

Total time: 1:28:43

Number: 172

Course: 25.75 km

Lorscher Triathlon 0,5-20,0-5,0

Rank in course/Total: 276 (of 322)

Rank in course/Men: 229 (of 260)

Best time in course: 58:22

Category:

Senioren 7 (TM 70-74)

Rank in category: 3(of 4)

Best time in the category: 1:20:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	11:11	2.68	1	-	143	4:27	0.50	11:11	2.68	2		8	2:05
Wechsel Schwim	0.20	2:47	4.31	3	0:23	150	1:21	0.70	13:58	3.01	2		259	3:07
Schwimmen Total	0.70	13:58	3.01	2		259	3:07	0.70	13:58	3.01	2		259	3:07
Rad	20.00	41:42	28.78	2	6:10	229	10:57	20.70	55:40	22.31	2		259	13:47
Wechsel Rad-Lauf	0.05	1:25	2.12	3	0:36	201	1:22	20.75	57:05	21.81	2		256	14:21
Rad Total	20.05	43:07	27.90	3	6:33	230	11:30	20.75	57:05	21.81	2		256	14:21
Lauf	5.00	31:38	9.48	3	4:04	239	16:06	25.75	1:28:43	17.41	3	8:09	231	30:21