



10. Lorsch Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Stapler, Wolfgang

Total time: 1:29:43

Number: 146

Course: 25.75 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 283 (of 322)

Rank in course/Men: 234 (of 260)

Best time in course: 58:22

Category:

Senioren 6 (TM 65-69)

Rank in category: 6(of 7)

Best time in the category: 1:13:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	15:17	1.96	6	5:52	250	8:33	0.50	15:17	1.96	8	4:45	259	6:11
Wechsel Schwim	0.20	3:34	3.36	7	1:26	222	2:08	0.70	18:51	2.23	8	5:07	259	8:00
Schwimmen Total	0.70	18:51	2.23	8	5:07	259	8:00	0.70	18:51	2.23	8	5:07	259	8:00
Rad	20.00	39:01	30.76	5	3:51	191	8:16	20.70	57:52	21.46	8	2:52	259	15:59
Wechsel Rad-Lauf	0.05	1:27	2.07	5	0:20	204	1:24	20.75	59:19	20.99	8	3:02	256	16:35
Rad Total	20.05	40:28	29.73	5	4:06	191	8:51	20.75	59:19	20.99	8	3:02	256	16:35
Lauf	5.00	30:24	9.87	7	6:03	235	14:52	25.75	1:29:43	17.22	6	15:48	236	31:21