



10. Lorsch Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Neumann, Josua

Total time: 1:29:56

Number: 178

Course: 25.75 km

Rank in course/Total: 285 (of 322)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 235 (of 260)

Best time in course: 58:22

Category:

Rank in category: 15(of 16)

männl. AK 1 (TM 20-24)

Best time in the category: 58:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:08	2.96	13	3:24	90	3:24	0.50	10:08	2.96	17	0:17	259	1:02
Wechsel Schwim	0.20	2:48	4.29	14	1:22	156	1:22	0.70	12:56	3.25	17	1:01	259	2:05
Schwimmen Total	0.70	12:56	3.25	17	1:01	259	2:05	0.70	12:56	3.25	17	1:01	259	2:05
Rad	20.00	43:28	27.61	15	12:06	246	12:43	20.70	56:24	22.02	17	8:07	259	14:31
Wechsel Rad-Lauf	0.05	0:49	3.67	7	0:15	57	0:46	20.75	57:13	21.76	16	7:36	256	14:29
Rad Total	20.05	44:17	27.17	14	12:21	240	12:40	20.75	57:13	21.76	16	7:36	256	14:29
Lauf	5.00	32:43	9.17	15	17:11	246	17:11	25.75	1:29:56	17.18	15	31:34	237	31:34